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| [Date]  The Honorable Representative/Congressman/woman [Full Name] [Address] [Address] |  |  |

Dear Representative/Congressman/woman [Name],

**[I am/We] are writing on behalf of the [name of organization] to respectfully request your support and co-sponsorship of the Menstrual Equity For All Act of 2021 (H.R. 3614), introduced by Rep. Grace Meng.**This legislation would expand access to free menstrual products in certain locations and for particular groups, specifically in elementary and secondary school buildings and on the campuses of institutions of higher education. This bill would also require Medicaid to cover the cost of menstrual products and similar items used by individuals with respect to menstruation.

**2 in 5 menstruating people in the U.S. struggle to afford or access menstrual products.** This is known as period poverty, and puts menstruating individuals at risk of urogenital infections, skin irritations, and other conditions that harm their health, wellness, and development**.** **Additionally, period poverty affects one’s ability to attend work, school, or similar events and is often accompanied by stress, shame, anxiety, and depression.** These factors, coupled with the complete absence of federal support for these basic necessities, aid in causing low-income menstruating people to be disproportionately susceptible to adverse public health risks and financial hardships.

Period supply banks are essential service providers and work tirelessly to get these basic necessities to those who need them most. As a result of the COVID-19 pandemic, in addition to inflation and natural disasters, period supply banks have stretched limited resources to meet a small portion of the overwhelming need. Moms Helping Moms Foundation (MHM), a 501(c)(3) diaper and period supply bank founded in 2011, supports underserved families and individuals in New Jersey by providing free, urgently needed, menstrual products and other essential items. **Between 2020 and 2021, they endured a 623% increase in the need for menstrual products and continue to see this need grow every day. Despite their extensive efforts, they are merely scratching the surface of the need. While period supply banks alone cannot solve this problem, supportive legislation, particularly HR 3614, can.**

**[I/We] thank you for your time, attention, and leadership, and ask that you please consider co-sponsoring and supporting HR 3614 to provide relief for families and individuals in need. [**Below, I have enclosed additional information, as provided by Moms Helping Moms Foundation. We thought you might be interested in these specific statistics and the work they do in New Jersey.] **Moms Helping Moms Foundation is readily available to provide additional information, answer questions, and discuss these issues at your convenience. You can contact their Program and Development Associate, Jordan Langs, at** [**jordan@momshelpingmomsfoundation.org**](mailto:jordan@momshelpingmomsfoundation.org) **or (908) 205-8017.**

Sincerely,

[Name]   
[Title]   
[Organization]   
[email]