

Moms Helping Moms Foundation (MHM)

Partner Organizations & Resource List

Please contact an organization located close to where you live

Atlantic County

Organization	Phone	Website	Address	Comments
Acenda, Inc.	844-422-3632	https://acendahealth.org	42 South Delsea Dr, Glassboro, NJ 08028 <i>*Multiple Locations</i>	
Covenant House NJ – Raphael's Life House	609-348-4070	https://covenanthousenj.org/	929 Atlantic Ave, Atlantic City, NJ 08401	Serving all homeless and trafficked youth ages 18- 21, parents with a child under 1, and pregnant women aged 22 and under pregnant with their first child. Offers immediate housing and transitional living programs.

Bergen County

Organization	Phone	Website	Address	Comments
Bergen Family Center/Bridges Family Success Center	201-568-0817	http://bergenfamilycent er.org/	44 Armory St. Englewood, NJ 07631	

Children's Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	
The Partnership for Maternal and Child Health of Northern NJ	973-268-2280	www.pmch.org	Multiple Locations	
Salvation Army	201-991-1115	https://easternusa.salvationarmy.org/new-jersey/kearny/	28 Beech St, Kearny, NJ 07032	
Greater Bergen Community Action, Inc.	201-366-1020	https://www.gbcaheadstart.org/	263 Lafayette Avenue, Cliffside Park, NJ 07010	

Burlington County

Organization	Phone	Website	Address	Comments
Acenda, Inc.	844-422-3632	https://acendahealth.org	42 South Delsea Dr, Glassboro, NJ 08028	
Children's Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	
Legacy Treatment Services - Generations Family Success Center	609-267-4001	https://www.legacytreatment.org/locations/generations-family-success-center/	45 High Street, Mount Holly, NJ 08060	

Camden County

Organization	Phone	Website	Address	Comments
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Acenda, Inc.	844-422-3632	https://acendahealth.org	42 South Delsea Dr, Glassboro, NJ 08028	
Children's Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	

Cape May County

Organization	Phone	Website	Address	Comments
Acenda, Inc.	844-422-3632	https://acendahealth.org	42 South Delsea Dr, Glassboro, NJ 08028	

Cumberland

Organization	Phone	Website	Address	Comments
Acenda, Inc.	844-422-3632	https://acendahealth.org	42 South Delsea Dr, Glassboro, NJ 08028	
Children's Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	

Essex County

Organization	Phone	Website	Address	Comments
AngelaCARES, Inc	201-706-2884	www.angelacares.org	439 MLK Drive, Jersey City 07304	
Children's Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	
Covenant House New Jersey – Raphael's Life House	973-621-8705	https://covenanthousenj.org/	330 Washington Street, Newark, NJ 07102	

Gateway Pregnancy Center	908-353-0604	www.gateway.org	65 Jefferson Ave, 4 th floor, Elizabeth, NJ 07701	Serving pregnant mothers and families.
Grace In Action	908-316-4170	https://graceinactionnj.org/	Millburn, NJ	
Franciscan Charities, Inc.	908-403-6252	www.franciscancharitiesinc.org	355 South 6th St, Newark, 07103	Serving Newark
Interfaith Food Pantry of the Oranges (IFPO)	973-856-4000	www.orangesfoodpantry.org	357 S Jefferson Street, Orange, NJ 07050	Serving the Oranges
My Kota Bear	888-695-6822	https://www.mykotabear.com/	2560 Highway 22 #176 Scotch Plains, NJ, 07076	Serving NICU families and families with premature babies.
Modestly Cover Diaper Bank of Essex County	862-218-0434	www.essexcountydiaperbank.org	462 Sanford Avenue, Newark, NJ 07106	
Perinatal Health Equity Foundation (PHEF)	862-298-2812	https://www.perinatalequity.org/	280 South Harrison Street, East Orange, NJ 07018	
Partnership for Maternal and Child Health of Northern NJ	973-268-2280	www.pmch.org	Multiple locations, check website	
New Destiny, CDC/House of Provision Purpose & Promise	908-884-4928	www.uwguc.org	129 Chestnut Street, Roselle, NJ 07203	Part of United Way of Greater Union County
Solid Rock Baptist Church Food Pantry	973-373-8129	https://www.srbcnj.org	644 Chancellor Ave, Irvington 07111	
South Ward Brick Education	862-236-5599	https://southwardpromise.org/	534 Clinton Avenue, Newark, NJ 07108	Serving The Southward of Newark (Clinton Hill, Dayton, and Weequahic)
The Center for Great Expectations, Inc – START Program	908-331-3951	www.cge-nj.org	332 South 8 th Street, Newark, NJ 07103	provides transformational mental health and substance use

				disorder treatment to women, children, men, and families impacted by trauma, abuse, and neglect.
Union Township Community Action Organization Early Head Start	908-686-6150	www.Utcao.com	2410 Springfield Ave, Vauxhall, NJ 07088	
La Casa de Don Pedro	973-482-8312	http://www.lacasanwk.org/	Multiple locations	
Zufall Health Center - West Orange Location	973-325-2266	www.zufallhealth.org	95 Northfield Ave, Ste 2, West Orange 07052	

Gloucester

Acenda, Inc.	844-422-3632	https://acendahealth.org	42 South Delsea Dr, Glassboro, NJ 08028	
Children's Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	

Hudson

AngelaCARES, Inc	201-706-2884	www.angelacares.org	439 MLK Drive, Jersey City 07304	
BITE – Black Interest Team Enterprise	201-360-0042	https://www.njbite.org	35 Journal Square Plaza, Suite 624, Jersey City NJ 07306	

Children's Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	
Greater Bergen Community Action, Inc.	201-884-1050	https://www.gbcaheadstart.org/	93 Nelson Avenue, Jersey City, NJ 07307	
Partnership for Maternal and Child Health of Northern NJ	973-268-2280	www.pmch.org	Multiple locations	
Salvation Army – Kearny	201-991-1115	https://easternusa.salvationarmy.org/new-jersey/kearny/	28 Beech St, Kearny, NJ 07032	
York Street Project	201-451-9838	www.yorkstreetproject.org	9 York St, Jersey City, NJ 07302	
The Center for Great Expectations, Inc – START Program	908-331-3951	www.cge-nj.org	332 South 8 th Street, Newark, NJ 07103	provides transformational mental health and substance use disorder treatment to women, children, men, and families impacted by trauma, abuse, and neglect.

Hunterdon

Children's Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	
The Flemington Area Food Pantry	908-788-5568	https://flemingtonfoodpantry.org/	154 Route 31 North, Flemington, NJ (located across the parking lot from Walmart)	
Sussex Family Success Center -- Project Self-Sufficiency	973-940-3500	https://www.projectsselfsufficiency.org/	127 Mill Street, Newton, NJ 07860	
The Center for Great Expectations, Inc – START Program	732-434-8577	www.cge-nj.org	120 Finderne Ave, Bridgewater, NJ 08807	

Mercer

A Better Choice Empowerment Center	609-575-2991	https://abclifecenter.org/	Middlesex County	
Acenda, Inc.	844-422-3632	https://acendahealth.org	42 South Delsea Dr, Glassboro, NJ 08028	
Children's Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	

Middlesex

A Better Choice Empowerment Center	609-575-2991	https://abclifecenter.org/	Middlesex County	
Alternatives, Inc. Franklin House Program	908-685-1444 Ext. 279	https://www.alternativesinc.org/	600 First Ave, Raritan, NJ 08869	Supports families and individuals in need who are experiencing

				homelessness. They also support families and individuals facing intellectual and developmental disabilities, as well as mental health support services.
Children’s Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	
Grace In Action	908-316-4170	https://graceinactionnj.org/	119 Millburn Ave Millburn, NJ	
The Center for Great Expectations, Inc – START Program	732-427-0009 or 732-434-8577	www.cge-nj.org	120 Finderne Ave, Bridgewater, NJ 0880	
The Center for Great Expectations, Inc – Supportive Housing Program	732-289-4038	www.cge-nj.org	120 Finderne Ave, Bridgewater, NJ 08807	provides transformational mental health and substance use disorder treatment to women, children, men, and families impacted by trauma, abuse, and neglect.
Central Jersey Diaper Bank	732-296-9922	https://www.centraljerseydiaperbank.org/	222 Livingston Ave, New Brunswick, NJ 08901	
My Kota Bear	888-695-6822	https://www.mykotabear.com/	2560 Highway 22 #176 Scotch Plains, NJ, 07076	Serving NICU families and families with premature babies.

Salvation Army – Plainfield Corps	908-756-2595	https://easternusa.salvationarmy.org/new-jersey/plainfield/	615 Watchung Ave, Plainfield, NJ 07060	
United Way of Greater Union County	908-353-7171	https://www.uwguc.org/	33 West Grand St. Elizabeth, NJ 07202 <i>*Multiple Locations</i>	Middlesex, Somerset, and Union County
Visiting Nurse Association of Central Jersey	855-619-4445	https://vnahg.org	32 Main Street, Holmdel, NJ 07733 <i>*Multiple Locations</i>	a home-visitation program for low-income first-time pregnant women in Middlesex County.
Zufall Health Center – Plainsboro Location	609-853-7600	www.zufallhealth.org	One Plainsboro Road, Plainsboro, NJ 08536 <i>*Multiple Locations</i>	providing access to quality, affordable and culturally competent healthcare services.
Pinwheel Place	732-542-1026	https://www.pinwheelplace.org/	PO Box 257, Red Bank, NJ 07701	

Monmouth

Acenda, Inc.	844-422-3632	https://acendahealth.org	42 South Delsea Dr, Glassboro, NJ 08028	
Children’s Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	
Lunch Break	732-747-8577	https://lunchbreak.org	121 Drs. James Parker Boulevard, Red Bank, NJ 07701	

Pinwheel Place	732-542-1026	https://www.pinwheelplace.org/	PO Box 257, Red Bank, NJ 07701
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Morris

Children's Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list
Helping Hands of Chatham	201-988-9070	https://helpinghandsnj.weebly.com/	Chatham, NJ
Morris County Office of Hispanic Affairs (MCOHA)	973-366-4770 Ext. 10	www.mcoha.org	95-99 Basset Highway, Dover, NJ 07801 *Multiple Locations
Sussex Family Success Center - Project Self-Sufficiency	973-940-3500	https://www.projectsufficiency.org/	127 Mill Street, Newton, NJ 07860
Partnership for Maternal and Child Health of Northern NJ	973-268-2280	www.pmch.org	Multiple locations
Zufall Health Center – Dover & Morristown Location(s)	Dover Location - 973-328-3344 Morristown Location - 973-267-0002	www.zufallhealth.org	Dover Location - 18 West Blackwell Street, Dover, NJ 07801 Morristown Location - 4 Atno Avenue, Morristown, NJ 07960
Homeless Solutions	Shelter - 973-993-0900 Mt. Kemble Home - 973-538-0675	http://homelessolutions.org	Shelter - 540 West Hanover Ave, Suite 100, Morristown, NJ 07960

			Mt. Kemble Home - 1 Mt. Kemble Ave, Morristown, NJ 07960	
The Center for Great Expectations, Inc – START Program	732-427-0009 or 732-434-8577	www.cge-nj.org	120 Finderne Ave, Bridgewater, NJ 0880	

Ocean

Acenda, Inc.	844-422-3632	https://acendahealth.org	42 South Delsea Dr, Glassboro, NJ 08028	
Children’s Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	
Pinwheel Place	732-542-1026	https://www.pinwheelplace.org/	PO Box 257, Red Bank, NJ 07701	

Passaic

Children’s Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	
Oasis	973-881-8307	https://oasisnj.org/	59 Mill Street Paterson, NJ, 07501	
Greater Bergen Community Action, Inc.	973-546- 2634	https://www.gbcaheadstart.org/	500 E 35 th Street, Paterson, NJ 07504	
New Destiny Family Success Center	973-278-0220	https://newdestinyfsc.org/	79 Ellison Street, Paterson, NJ 07505	

Partnership for Maternal and Child Health of Northern NJ	973-268-2280	www.pmch.org	Multiple locations	
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Salem

Acenda, Inc.	844-422-3632	https://acendahealth.org	42 South Delsea Dr, Glassboro, NJ 08028	
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Somerset

A Better Choice Empowerment Center	609-575-2991	https://abclifecenter.org/	Middlesex County	
Angels for Action	908-333-5656	https://www.angelsactioninc.org/about-us/	209 West 2 nd Street Plainfield, NJ 07060	
Alternatives, Inc. Franklin House Program	908-685-1444 Ext. 279	https://www.alternativesinc.org/	600 First Ave, Raritan, NJ 08869	Supports families and individuals in need who are experiencing homelessness. They also support families and individuals facing intellectual and developmental disabilities, as well as mental health support services.
Children's Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	

Safe + Sound Somerset	908-359-0003	www.safe-sound.org	PO Box 835, Somerville, NJ 08876	Provides comprehensive services to survivors of domestic abuse and sexual assault, and their families.
Salvation Army -- Bound Brook Corps	732-748-1146	https://easternusa.salvationarmy.org/new-jersey/bound-brook/	108 Hamilton Street, Bound Brook, NJ 08805	
Salvation Army – Plainfield Corps	908-756-2595	https://easternusa.salvationarmy.org/new-jersey/plainfield/	615 Watchung Ave, Plainfield, NJ 07060	
The Center for Great Expectations, Inc – START Program	732-427-0009 or 732-434-8577	www.cge-nj.org	120 Finderne Ave, Bridgewater, NJ 0880	
The Center for Great Expectations, Inc – Supportive Housing Program	732-289-4038	www.cge-nj.org	120 Finderne Ave, Bridgewater, NJ 08807	provides transformational mental health and substance use disorder treatment to women, children, men, and families impacted by trauma, abuse, and neglect.
Zufall Health Center - Somerville Location	908-526-2335	www.zufallhealth.org	71 Fourth Street, Somerville, NJ 08876 *Multiple Locations	
United Way of Greater Union County	908-353-7171	https://www.uwguc.org/	33 West Grand St. Elizabeth, NJ 07202 *Multiple Locations	
Visiting Nurse Association of Central Jersey/United Way of Central Jersey/Nurse-	800-400-0981	https://vnahg.org	Multiple Locations	

Family Partnership (VNAHG)				
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Sussex

Children's Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	
Sussex Family Success Center - Project Self-Sufficiency	973-940-3500	https://www.projectselfsufficiency.org/	127 Mill Street, Newton, NJ 07860	
Partnership for Maternal and Child Health of Northern NJ	973-268-2280	www.pmch.org	Multiple locations	

Union County

Angels for Action	908-333-5656	https://www.angelsactioninc.org/about-us/	209 West 2 nd Street Plainfield, NJ 07060	
Children's Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	
Christ Child Society of Summit	908-522-1600	http://christchildsummit.org/	Summit, NJ	
Community Coordinated Child Care of Union County	973-923-1433	https://www.cccunion.org	2 City Hall Plaza, 3 rd Floor, Rahway, NJ 07065	

Covenant House New Jersey – Raphael's Life House	908-354-4750	https://covenanthousenj.org/	231 Court St, Elizabeth, NJ 07206	Serving all homeless and trafficked youth ages 18-21, parents with a child under 1, and pregnant women age 22 and under pregnant with their first child. Offers immediate housing and transitional living programs.
Gateway Pregnancy Center	Union Office - 973-399-8378 Elizabeth Office - 908-353-0604	www.gateway.org	Union Office - 1350 Morris Ave, Union, NJ 07083 Elizabeth Office - 65 Jefferson Ave, 4th floor, Elizabeth, NJ 07701	
GRACE of Summit	908-259-4744	https://www.gracegiving.org	Cornog Field House, 5 Myrtle Avenue, Summit NJ 07901	
Jefferson Park Ministries, Inc	(908) 469-9508	www.jeffersonparks.com	70 W Grand St, Elizabeth, NJ 07202	
Jewish Family Service of Central New Jersey	908-352-8375	www.jfscentralnj.org	655 Westfield Ave, Elizabeth, NJ 07208	
My Kota Bear	888-695-6822	https://www.mykotabear.com/	2560 Highway 22 #176 Scotch Plains, NJ, 07076	Serving NICU families and families with premature babies.
Partnership for Maternal and Child Health of Northern NJ	973-268-2280	www.pmch.org	Multiple locations	

Salvation Army – Plainfield Corps	908-756-2595	https://easternusa.salvatiarmy.org/new-jersey/plainfield/	615 Watchung Ave, Plainfield, NJ 07060	
The Center for Great Expectations, Inc – START Program	908-331-3951	www.cge-nj.org	332 South 8 th Street, Newark, NJ 07103	
Union County Healthy Families/TIP/Holy Redeemer	908-659-4426	www.holyredeemer.com	354 Union Ave, Elizabeth, NJ 07208	
Union Township Community Action Organization Early Head Start	908-686-6150	www.Utcao.com	2410 Springfield Ave, Vauxhall, NJ 07088	
United Way of Greater Union County	908-353-7171	https://www.uwguc.org/	33 West Grand St. Elizabeth, NJ 07202 <i>*Multiple Locations</i>	
Casa de Oracion Restauration Center	908-941-5621	https://cdoracion.com/	705 Park Ave, Suite 209-210, Plainfield, NJ 07060	
Chestnut Street Community Church	908-241-6470	https://cscf-family.org/	303 Chestnut Street, Roselle, NJ 07203	Serving Roselle
New Destiny, CDC/House of Provision Purpose & Promise	908-884-4928		129 Chestnut Street, Roselle, NJ 07203	
Linda's H.O.P.E	908-477-5735	lindashopenj@gmail.com	Plainfield, NJ	Serving Plainfield
F.I.E.L	908-361-9902	https://www.facebook.com/groups/1842581492684164/about	Plainfield, NJ	Serving Plainfield

Centro Cristiano Casa de Gloria	908-668-0200	https://www.facebook.com/Centro-Cristiano-Casa-de-Gloria-de-Plainfield-NJ-108482910852195/	10A Somerset Street, Plainfield, NJ 07060	Serving Plainfield
Iglesia Cristiana Luz en las Tiniblas	732-621-0650		146 Monroe St, Rahway, NJ 07065	Serving Rahway
Plainfield Action Services	908-753-3519	www.plainfieldnj.gov/departments/health_and_social_services/plainfield_action_services.php	Plainfield, NJ	Serving Plainfield
Rahway Community Action Organization	732-382-9311	https://www.rahwaycao.org/	796 E. Hazelwood Ave, Rahway, NJ 07065	
Union County Rape Crisis Center	908-233-7273	https://unioncountyrapecrisiscenter.blogspot.com/	Union county	Serving victims of sexual violence.
Westfield United Fund	908-233-2113	https://www.westfieldunitedfund.org/	301 North Avenue West, Westfield, NJ 07090	Serving Westfield
YWCA of Union County	Headquarters - 908-355-1995 24 Hour Hotline - 908-355-HELP (4357) Counseling and Community Support Services - 908-355-1500	www.ywcaunioncounty.org	1131 E Jersey St, Elizabeth, NJ 07201	

Warren

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Children's Specialized Hospital Foundation	888-724-7123	https://www.rwjbh.org/childrens-specialized-hospital/	Please visit website for full list	
Grace In Action	908-316-4170	https://graceinactionnj.org/	Millburn, NJ	
Sussex Family Success Center - Project Self-Sufficiency	973-940-3500	https://www.projectselfsufficiency.org/	127 Mill Street, Newton, NJ 07860	
Partnership for Maternal and Child Health of Northern NJ	973-268-2280	www.pmch.org	Multiple locations	
My Kota Bear	888-695-6822	https://www.mykotabear.com/	2560 Highway 22 #176 Scotch Plains, NJ, 07076	Serving NICU families and families with premature babies.